



BRIDGE THE GAP

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Hi everyone! I'm Lucy, and I'm so excited to be joining Bridge the Gap as a Child Wellbeing Practitioner. Since gaining a BA (Hons) in Early Childhood Studies in 2017, I have worked both in education settings and in the community delivering 1:1 interventions. I love meeting and building relationships with children and young people of all ages and working creatively to individualise support. In my most recent role I worked as a Family Support Worker and DSL in an Infant school. In this role I managed the school's vulnerable children caseload and delivered Early Help support, working closely with children, their families, and external agencies.

I am passionate about the importance of emotional literacy in improving long-term wellbeing outcomes. I have my own lived experience of mental health illness, and I believe strongly that the relationship-focused support Bridge the Gap offer would've made all the difference to me as a child. I feel very lucky to be joining such a dedicated and passionate team making a difference to children across Derby City.

In my spare time you'll usually find me snuggled up with my cat Mia, with a big mug of Yorkshire tea! I love being outdoors in our beautiful Derbyshire countryside, especially if the sun is shining. I am also a big musicals fan and nothing makes me happier than theatre tickets!