



Founder and Co-Director of Bridge the Gap, Jennifer is a highly regarded and experienced Early Years Practitioner and Emotional Literacy Specialist with over 22 years' experience supporting parents and young people to reach positive long-term outcomes.

Jennifer is the Parenting Lead and Emotional Literacy specialist who helps to create engaging content for both children, parents, and professionals.

Jennifer has lived experience of mental health illness as well as her professional experience, this gives her the ability to meet everyone where they are and hold safe, non-judgmental spaces for people.

Jennifer has two children and a supportive husband. For Jennifer Bridge the Gap is a vocation, and she is committed to making a difference to the children in Derby city and beyond.

Jennifer enjoys walking anywhere where there is lots of trees and streams, unwinding with a good book and a cuppa, and listening to music from her favourite musicals.