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Hello, I'm Rosie and I am a current student at the University of Derby completing my MA Dance Movement Psychotherapy Degree. I have a passion for dance but also enjoy the outdoors, music, baking and spending time with friends and family.

I recently graduated with an undergraduate degree in Special Educational Needs and Disabilities (SEND) and have experience with working and volunteering within a range of settings including schools, holiday sports clubs, early years, a conductive education centre and youth clubs. Working within a range of settings has shown me the importance and effectiveness of allowing children to explore, play, move and generally have fun, as these are all elements that children can use to express their feelings and emotions. Therefore, these are all elements that I will incorporate into my work when possible.

I am a creative individual and love to adapt activities to the individuals I work with allowing it to become personalised and child-led when possible, supporting their development and confidence whilst also providing the opportunity for them to teach me something new. I am passionate about building a trusting relationship with the children I am working with and supporting them in a fun and creative way.