



BRIDGE THE GAP

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Hello, my name is Milly, I started my time with Bridge the Gap by volunteering for a year, supporting practitioners with group sessions in school, and now I have a full-time position in the team! Alongside my previous qualifications of a degree in Sociology and Criminology complimented by a Youth Justice course, BTG have put me through my Childrens Mental Health First Aid and I am completing my ELSA (Emotional Literacy Support Assistant) training.

Working with BTG it's impossible not to see the impact of the work we do with a significant insight into the importance and benefits of proactive and supportive emotional literacy. I have learned so much from the training they have provided me and I enjoy the varied role and different ways I get to support children's wellbeing.

In my spare time I love a family dog walk followed by lots of good food and a cosy cup of tea! My partner and I love visiting new places and cultures having just spent 3 months in South East Asia backpacking (so please tell me about your exciting adventures you have had when I meet you!). I am always ready to get creative and get the crafts out to explore emotions and areas of young people's personalities!