



Job Title and Description:

Community Child Wellbeing Practitioner

24-37.5 hours per week (term time only)

Permanent Contractor

£11.50 per hour paid pro rata

Join an established team making changes to the mental health of children in our city. Paid breaks and bank holidays. A safe and supportive team with opportunity for continued professional development.

- Utilise a motivational approach to engage people in a 1:1 session consistent with their stage and development.
- Develop therapeutic relationships with people that respect boundaries.
- Provide education regarding wellness, emotional literacy, mindfulness, problem solving, self-esteem and growth mindset to children, parents, and care givers.
- Be patient, empathic, and have the ability to communicate in a sensitive manner.
- The confidence to work independently.
- A good understanding of Emotional Literacy.
- The ability to work cooperatively with the network around a child.
- Liaise with secondary mental health services, social workers and outside agencies as required.
- Be confident using outcome measures and bringing this into the session in a creative way.
- Develop rapport with individuals to build trust, whilst listening to their needs and concerns.
- Empathise with distressed children and attempt to understand the source of their discomfort.
- Help young people accept and manage difficult emotions through introducing coping strategies and appropriate resources.
- Work with each child's individual needs, adapting sessions and approach for each child when necessary.
- Mentoring skills.
- Have a good understanding of additional needs that can make it difficult for a child to attend school, or that impacts their self-esteem and anxiety in different situations.
- An understanding of data protection, confidentiality, child protection and disability issues.
- Expected to attend clinical supervision and managerial supervision monthly, to use this space reflectively.



- The ability to manage and prioritise your workload.
- Willingness to attend training relevant to their role such as safeguarding level 3, first aid, trauma training etc.
- Work well within a team.
- IT skills and the ability to keep clear and accurate records.
- A full drivers licence.

The job role of Child Wellbeing Practitioner is a unique role that allows professionals to deliver 1:1 support to children struggling to manage big and difficult emotions, have low self-esteem, who require a supportive and neutral mentor, or who are identified as being vulnerable.

The job role of Community Child Wellbeing Practitioner is a unique role that allows professionals to deliver 1:1 proactive and early intervention support to children, young people facing challenges and struggling to accept and manage big and difficult emotions. They may also have low self-esteem. The practitioner will work within a relationship focused model to ensure they are a supportive, empathic and non-judgmental space for a young person. To operate as a neutral mentor and advocate for the service user.

As an organisation we seek to represent the community we serve and encourage an environment which is inclusive to all and free from discrimination. We welcome applications from people from all ethnicities, backgrounds, additional needs, and with all different kinds of life experiences. We require a fully registered mental health nurse to join our multi-disciplinary team. The individual should be passionate about being proactive around mental health and emotional education.

A committed individual to enhance our provision, supporting children with their big and difficult emotions, self-esteem, anxiety, and growth mindset.

The hours for the position are between 24 and 37.5 depending on the candidate the hours below are an essential requirement:

- **Tuesday 11am – 7pm (8 hours)**
- **Thursday 9am – 6.00pm (9 hours)**
- **Friday 9am – 4pm (7 hours)**

This is a term time only contract paid over 12 months. Please note pay will be pro rata according to this and weekly hours. You are also expected to attend four Saturday (9am – 3pm) whole team CPD training days per year.

We welcome applications from:

- TAs with experience delivering 1:1 interventions



- Family support workers
- Level 3 healthcare assistants with experience in mental health
- Youth workers
- Experienced and qualified people from the children and young person's workforce

At Bridge the Gap Child Mental Health C.I.C we are very aware of the impact of increased pressure and workload on our own mental health, so we are advocates for constructing an open and honest policy whereby staff can feel they can communicate any concerns. We require individuals to be able to be emotionally resilient and be able to stay on top of challenging situations in a calm and professional manner. Team meetings will be held regularly, and the employee will be expected to participate in this when possible, bringing ideas and innovation about the service, to the process. Bridge the Gap training will be provided.

Opportunity for new projects and for CPD to help give you the skills needed to enhance your career and support the children in our service. Expected to attend clinical and managerial supervision monthly, delivered through service.

ALL CORRESPONDENCE relating to vacancies will be via the e-mail address you have provided on your cover letter. Some servers automatically send e-mails to your junk mail so please check as well as your inbox. If you have not been invited to an interview with 2 weeks of the closing date, please be advised that on this occasion your application was unsuccessful.

Disclosure and Barring Service Check

This post is subject to the Rehabilitation of Offenders Act (Exceptions Order) 1975 and as such it will be necessary for a submission for Disclosure to be made to the Disclosure and Barring Service (formerly known as CRB) to check for any previous criminal convictions.

To apply please send a cover letter and C.V. to jenniferwyman@jwbridgethegap.com

Closing date Friday 30th September 2022