



Hi I'm Lucy, a Child Wellbeing Practitioner at Bridge the Gap! I have always been passionate about supporting young children's mental health, this has led me to complete my undergraduate degree in Counselling Psychology and continue furthering my development with a postgraduate diploma in A Psychoanalytic Approach to Children and Families.

For the past three years I have worked as an SEND teaching assistant working to support the emotional and developmental needs of young children in educational settings. Within this role i've seen the importance of early intervention which influenced my desire to help develop children and families understanding surrounding emotions. After volunteering with BTG for over a year doing just this, I am extremely excited for the opportunity to join the amazing team full time!

In my spare time I love to run outside and host games nights with my family and friends! I also love anything creative whether it's crafts or colouring and I can't wait to combine these aspects of my personality to provide a safe and nurturing environment for every young person.