



BRIDGE THE GAP

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Hi everyone! I'm Lucy, and my role is Lead Child Wellbeing Practitioner at Bridge the Gap.

Since gaining a BA (Hons) in Early Childhood Studies in 2017, I have worked with children and families both in education settings and in the community. I love meeting and building relationships with children and young people of all ages, and working creatively to individualise support. I also have experience as a school Family Support Worker and Designated Safeguarding Lead, delivering Early Help support and working with the team around the child.

Early on in my career I became passionate about mental health and social and emotional learning and began to soak up as much information as I could through training and my own research. I quickly fell in love with emotional literacy and the importance of early intervention. Alongside this came lots of frustration with our systems and the gaps that exist within it. Experiencing first-hand the power of relationship-focused support and emotional literacy-based interventions, I knew Bridge the Gap was where I needed to be to make the difference I wanted to make.

I love working at Bridge the Gap and feel very lucky to be part of such a dedicated and passionate team. In my role I support our wonderful Child Wellbeing Practitioners, help organise and facilitate events out in the community, deliver adult and child sessions, and most importantly hold a small caseload of wonderful young people.

In my spare time you'll usually find me snuggled up with my cat Mia, with a big mug of Yorkshire tea!

I love being outdoors, especially if the sun is shining. I am also a big musicals fan and nothing makes me happier than theatre tickets!