



Jennifer Wyman is the **Founder and Creative Director** of Bridge the Gap Child Mental Health CIC in Derby. After a long career of over 21 years rooted in Early Years education, and further accredited training in emotional literacy, children's mental health and positive parenting approaches, Jennifer established Bridge the Gap in 2017 to close a gap she saw locally, the gap between clinical thresholds and the everyday realities children and families face.

Jennifer co-created **BEAM (Behavioural Emotional Awareness Method)**, the organisation's unique framework for 1:1 and group work, drawing on evidence from child development, emotional literacy, ACT principles and relational practice. BEAM is now used across Bridge the Gap to help children name, notice and navigate their inner world with support that is safe, structured and human.

As Creative Director, **Jennifer leads on designing services, workshops, training and community programmes** that make emotional literacy and early intervention feel accessible, relatable and practical in real family and school life. In her governance role, she works alongside the Board and external stakeholders to steer organisational strategy, ensure **ethical and accountable** use of funds, and safeguard the mission of Bridge the Gap as a community-impact CIC.

Jennifer is committed to shaping a service where children and families feel they belong, where safety and emotional education are treated as prevention rather than rescue, and where community-rooted mental health support can genuinely change long-term outcomes.

Now that her own children are grown, weekends look very different, spent out in nature or recharging with a book, a rhythm that reflects her belief that adults also need restoration to care well for children.