



Hello, my name is Milly, I started my time with Bridge the Gap by volunteering for a year, supporting practitioners with group sessions in school, and I have had a full-time position in the team for over two years.

Alongside my previous qualifications of a degree in Sociology and Criminology complimented by a Youth Justice course, BTG have given me opportunities to qualify in Childrens Mental Health First Aid, ELSA training and Positive Behaviour Support training with the Association of Psychological Therapies. I work in schools with primary school aged children at risk of exclusion as well as being a qualified Level 4 designated Safeguarding Lead.

Working with BTG it's impossible not to see the impact of the work we do with a significant insight into the importance and benefits of proactive and supportive emotional literacy. I have learned so much from the training they have provided me and I enjoy the varied role and different ways I get to support children's wellbeing.

In my spare time I love a family dog walk followed by lots of good food and a cosy cup of tea! I love visiting new places and cultures- so please tell me about any adventures you have had when I meet you. I am always ready to get creative and get the crafts out to explore emotions and areas of young people's personalities!