



Nikki Webster is the **Clinical Director** at Bridge the Gap Child Mental Health CIC and brings a highly specialised background in adult and children's mental health to the organisation. She worked within the NHS for 10 years before joining Bridge the Gap full-time, including **roles in specialist services for children with ASD** and in community teams liaising closely with multi-agency partners. She also spent many years working within a **specialist psychosis service** and holds a **postgraduate certification in CBT**. Nikki is an **accredited ACT therapist**, grounding her practice in evidence-based, compassion-focused approaches.

At Bridge the Gap, Nikki co-created the **BEAM (Behavioural Emotional Awareness Method)** framework and provides **ongoing clinical oversight** to ensure the service remains safe, ethical and aligned with best practice. She delivers clinical supervision both to the internal team and to external agencies, supports practitioners with risk formulation and decision-making, and leads on the development of clinically informed training and resources.

Nikki has extensive experience supporting families through complex emotional and behavioural challenges, with a particular interest in values-led parenting.

Alongside her **leadership role in strategy and governance**, Nikki delivers regular training to schools, professionals and community organisations, translating complex psychological concepts into approaches that are usable in real homes and classrooms. Her work ensures that Bridge the Gap remains both **clinically informed and deeply human**.

Nikki is a mother of three children of various ages, bringing both professional expertise and lived parenting experience to her work. Away from Bridge the Gap she loves having fun and adventures with her family; being outdoors is especially important to her, as space outside provides both connection and restoration.